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Inland Empire  
Community Newspapers

Office: (909) 381-9898  
Fax: (909) 384-0406

Editorial: [iecn1@mac.com](mailto:iecn1@mac.com)  
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ext. 204  
Deadline is Monday at 4 p.m.

# Senior housing complex breaks ground



COURTESY PHOTO

After years of planning and work, the highly anticipated Colton senior housing project is under way. Mayor Sarah Zamora, in red jacket, fourth from the right, and members of the city council and other officials were all smiles at the groundbreaking ceremony for the complex on Saturday, February 2. The new complex will be located at the site of the former Colton Palms complex, across the street from the parking lot of the Colton Police Department.

By Cynthia Mendoza

After years of dreaming, planning and a lot of leg-work, the highly anticipated Colton senior housing project is finally underway, starting with a

groundbreaking ceremony on Saturday, February 2. The site of the future complex is across the street from the Colton Police Department, where the former Colton Palms used to stand. The event drew together city officials, staff, and

community members who have been 'cheering on' the project since its inception.

As background, Colton Palms was a senior housing complex that was

Senior cont. on next page

## City honors fire Explorers, barber Mel Salazar



PHOTOS/CYNTHIA MENDOZA

Colton Fire Explorers, in no particular order: Jacob Ruston, Macie Conner, Joshua Garcia, Shelby Donley, Eneas Garibay, Claire Kelly, Eric Parra, Carlos Preciado and Nicholas Schoonover. The young people were recognized by the city at the Tuesday, February 5 council meeting for completing an intense firefighting training program through the Inland Empire Fire Explorer Association

By Cynthia Mendoza

The Tuesday, February 5, Colton Council Meeting kicked off with a special

recognition presented to young men and women in the Colton Fire Department's Explorer program, for their participation in the Inland Empire Fire Explorer Association

annual academy that takes place at Fort Irwin.

The Explorer program is designed for youth ages 14 through 21 to

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- ARMC Will Host a Free Serving Up Healthy Class
- ARMC estará presentando una clase gratuita sobre cómo Servirse Saludablemente



Make eating right part of living right, and join us at Arrowhead Regional Medical Center's free "Serving Up Healthy" class from 5:30 p.m. to 7 p.m. on Feb.13. Learn heart-health tips from ARMC experts and learn how to prepare a nutritious and delicious meal. A dietitian will provide a cooking demonstration of cardio-friendly recipes, nutrition information and food samples. ARMC is located at 400 North Pepper Avenue, just north of Interstate 10 in Colton. Space is limited. Register now at: [www.arrowheadmedcenter.org](http://www.arrowheadmedcenter.org).

Tenga el hábito de comer bien para vivir bien, y acompañenos gratuitamente en el Arrowhead Regional Medical Center a la clase sobre cómo "Servirse Saludablemente" de 5:30 p.m. a 7 p.m. el 13 de febrero. Aprenda consejos de corazón de salud de los expertos del ARMC y además aprenda a cómo preparar una

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## Assemblymember Cheryl R. Brown to host open house for constituents



Assemblymember Cheryl R. Brown (D-San Bernardino) invites the public to attend her District Office Open House on Friday, February 8 from 3:00pm to 7:00pm at her new office in downtown San Bernardino.

The Open House will give the community an opportunity to meet Assemblymember Brown and her staff as well as ask questions and share concerns.

Assemblymember Brown represents the 47th District, which includes Colton, Fontana, Grand Terrace, Rialto, San Bernardino, and the unincorporated communities of Bloomington and Muscoy.

The District Office is located at 290 North "D" Street, Suite 903, San Bernardino, 92401. Light refreshments will be served. Please RSVP to [Lisa.Blacksher@asm.ca.gov](mailto:Lisa.Blacksher@asm.ca.gov) or call (909) 820-5008. Website of Assemblymember Cheryl R. Brown: <http://www.asmdc.org/members/a47/>